

(CONFIDENTIAL: All information in this form remains confidential and will be released only on your written permission)

PATIENT'S FULL NAME _____ AGE ____ SEX ____ BIRTHDATE month/day/yr ____/____/____
 NAME YOU PREFER TO BE CALLED _____ PARENT'S NAMES _____
 ADDRESS _____ CITY _____ POSTAL CODE _____
 HOME PHONE _____ PARENT'S WORK / CELL PHONE _____ (Mother, Father)
 FOR APPOINTMENT REMINDERS, HOW WOULD YOU LIKE TO BE CONTACTED? (PLEASE CHECK ONE) PHONE: (home / cell) ____ EMAIL: ____
 PARENT'S EMAIL ADDRESS _____ FAMILY PHYSICIAN _____
 CHIROPRACTOR _____ SPECIALIST _____
 WHO REFERRED YOU TO THIS OFFICE? _____

PRESENT HEALTH PROBLEMS: PLEASE LIST MOST IMPORTANT HEALTH CONCERNS / PROBLEMS

MEDICATIONS:

SUPPLEMENTS:

ALLERGIES: (to medications, pollens, animals or food)

	Now	Past	Frequency		Now	Past	Frequency
ASPIRIN	___	___	_____	VITAMINS	___	___	_____
TYLENOL	___	___	_____	MINERALS	___	___	_____
ANTIBIOTICS	___	___	_____	FLUORIDE	___	___	_____
DECONGESTANTS	___	___	_____	HERBS	___	___	_____
_____	___	___	_____	_____	___	___	_____

CHILDHOOD ILLNESSES:

___ CHICKEN POX ___ SCARLET FEVER ___ MONONUCLEOSIS
 ___ MEASLES ___ RHEUMATIC FEVER ___ EAR INFECTIONS
 ___ MUMPS ___ STREP THROAT ___ TONSILLITIS
 ___ RUBELLA ___ PNEUMONIA ___ OTHER _____

IMMUNIZATIONS: (age given, any adverse reactions?)

___ DPT (Diphtheria, Pertussis, Tetanus)
 ___ MMR (Measles, Mumps, Rubella)
 ___ POLIO
 ___ HAEMOPHILUS INFLUENZA type B (Meningitis)
 ___ HEP-B (Hepatitis B)

PATIENT'S MEDICAL HISTORY:

	Now	Past	Never		Now	Past	Never	
ACNE	___	___	___	EPILEPSY/SEIZURES	___	___	___	SURGERIES (YEAR & TYPE) _____ _____
ALLERGIES	___	___	___	FATIGUE	___	___	___	
ANEMIA	___	___	___	FREQUENT INFECTIONS	___	___	___	
ASTHMA	___	___	___	HEADACHES	___	___	___	HOSPITALIZATIONS (YEAR & REASON) _____ _____
BED WETTING	___	___	___	HEART MURMUR	___	___	___	
BIRTH DEFECTS	___	___	___	HIGH FEVER	___	___	___	INJURIES/ACCIDENTS (YEAR & CAUSE) _____ _____
COLIC	___	___	___	HYPERACTIVITY	___	___	___	
CONSTIPATION	___	___	___	INSOMNIA	___	___	___	OTHER CONDITIONS _____ _____
COUGH/WHEEZE	___	___	___	JAUNDICE	___	___	___	
CRADLE CAP	___	___	___	LEARNING DISORDER	___	___	___	
DEPRESSION	___	___	___	MOODINESS	___	___	___	
DIARRHEA	___	___	___	STUFFY NOSE	___	___	___	
DIZZY SPELLS	___	___	___	THRUSH	___	___	___	
EARACHES	___	___	___	VOMITING SPELLS	___	___	___	
ECZEMA	___	___	___	OTHER _____	___	___	___	
EXPOSURE TO: CIGARETTE SMOKE	___	___	___					

WHAT IS YOUR INFANT'S / CHILD'S / ADOLESCENT'S DISPOSITION?

FAMILY HISTORY: INCLUDE BLOOD RELATIVES ONLY

FATHER (age)* _____ MOTHER (age)* _____ BROTHERS (ages)* _____ SISTERS (ages)* _____

* If deceased, Please list age at death and circle.

IDENTIFY ALL FAMILY MEMBERS WHO HAVE EVER HAD ANY OF THE FOLLOWING (INDICATE FAMILY MEMBER BY F for FATHER, M for MOTHER, B1, B2, S1, etc.).

- | | | | |
|----------------------------------------|--------------------------------------------|----------------------------------------------|-------------------------------------------|
| <input type="checkbox"/> ALCOHOLISM | <input type="checkbox"/> BLEEDING DISORDER | <input type="checkbox"/> HEART DISEASE | <input type="checkbox"/> OBESITY |
| <input type="checkbox"/> ALLERGIES | <input type="checkbox"/> CANCER of _____ | <input type="checkbox"/> HEARING LOSS | <input type="checkbox"/> STOMACH ULCERS |
| <input type="checkbox"/> ANEMIA | <input type="checkbox"/> COLITIS | <input type="checkbox"/> HIGH BLOOD PRESSURE | <input type="checkbox"/> STROKE |
| <input type="checkbox"/> ARTHRITIS | <input type="checkbox"/> DIABETES | <input type="checkbox"/> HYPOGLYCEMIA | <input type="checkbox"/> THYROID DISORDER |
| <input type="checkbox"/> ASTHMA | <input type="checkbox"/> ECZEMA | <input type="checkbox"/> KIDNEY DISEASE | <input type="checkbox"/> TUBERCULOSIS |
| <input type="checkbox"/> BIRTH DEFECTS | <input type="checkbox"/> EPILEPSY | <input type="checkbox"/> MENTAL ILLNESS | <input type="checkbox"/> OTHER _____ |

DOES PATIENT HAVE ANY OF THE ABOVE? _____

IF YES, WHICH ONES

PRENATAL / BIRTH / FEEDING HISTORY:

1. MOTHER'S HEALTH DURING THE PREGNANCY WITH THIS PATIENT

- | | | | |
|-----------------------------------|----------------------------------------------|----------------------------------------------|--------------------------------------|
| <input type="checkbox"/> AGE | <input type="checkbox"/> TRAUMA/INJURY | <input type="checkbox"/> ALCOHOL CONSUMPTION | <input type="checkbox"/> OTHER _____ |
| <input type="checkbox"/> BLEEDING | <input type="checkbox"/> STRESS | <input type="checkbox"/> DRUGS | <input type="checkbox"/> TOXEMIA |
| <input type="checkbox"/> NAUSEA | <input type="checkbox"/> HIGH BLOOD PRESSURE | <input type="checkbox"/> SMOKING | |
| <input type="checkbox"/> ILLNESS | <input type="checkbox"/> X-RAYS | <input type="checkbox"/> MEDICATIONS _____ | |

2. TERM _____ PREMATURE _____ FULL _____ BIRTH WEIGHT _____

3. WAS PREGNANCY / BIRTH _____ EASY? _____ DIFFICULT? _____ C-SECTION? _____

4. FEEDING OF INFANT

- | | | |
|-------------------------------------------|----------------------|-----------------------|
| BREAST FED _____ | HOW LONG? _____ | COW'S MILK? _____ |
| FORMULA FED _____ | HOW LONG? _____ | TYPE OF FORMULA _____ |
| AGE SOLID FOODS BEGUN _____ | WHAT FOODS? _____ | |
| ANY FOOD ALLERGIES OR INTOLERANCES? _____ | TO WHAT FOODS? _____ | |

5. SAMPLE DAILY DIET (Choose a typical day and include food and liquids)

6. PREVIOUS PREGNANCIES BY NATURAL MOTHER AND ANY COMPLICATIONS

SOCIAL HISTORY:

- | | | | |
|-------------------------------------------------------------|------------------------------------|------------------------------------|-----------------------------------|
| 1. PARENTS: | <input type="checkbox"/> MARRIED | <input type="checkbox"/> SEPARATED | <input type="checkbox"/> DIVORCED |
| MOTHER'S OCCUPATION _____ | <input type="checkbox"/> FULL TIME | <input type="checkbox"/> PART TIME | |
| FATHER'S OCCUPATION _____ | <input type="checkbox"/> FULL TIME | <input type="checkbox"/> PART TIME | |
| 2. OTHER GUARDIAN: _____ | RELATIONSHIP _____ | | |
| 3. OTHERS RESIDING IN HOME _____ | RELATIONSHIP _____ | | |
| 4. DAYCARE/PRESCHOOL/SCHOOL: HOW MANY HOURS EACH DAY? _____ | # DAYS OF THE WEEK? _____ | | |
| 5. INTERACTION WITH RELATIVES: WHO? _____ | HOW OFTEN? _____ | | |

DO YOU HAVE ANY OTHER HEALTH CONCERNS YOU WOULD LIKE TO DISCUSS? PLEASE EXPLAIN.
